



Take the time, **to take a look**

#bebrightstaysafe

 @UKPowerNetworks  /ukpowernetworks

National power cut helpline

**POWER CUT?
CALL 105**

Or call us
24 hours a day on
0800 31 63 105

For safety advice about overhead power lines,
disconnections and general enquiries, go to:
www.ukpowernetworks.co.uk/

To request your **FREE** tackle box sticker visit
www.ukpowernetworks.co.uk/internet/en/safety/

If you are unsure who your network
operator is then please visit
www.energynetworks.org



Take the time,
to take a look



ukpowernetworks.co.uk

Your life can be lost within seconds if you come into contact with electricity.

Every year, people are killed or seriously injured when they come into contact with high voltage electricity.

This can have a far-reaching and devastating effect on family, friends and colleagues.

Distractions, routine, rushing to start activities, these can all impact on how we play and compete safely when fishing.

Taking time to plan, being vigilant, prepared and focused on our surroundings can help to keep us safe when participating in recreational activities.

Be Bright

Stay Safe

Where fishing near overhead power lines, care must be taken to ensure everyone's safety.

- ⚡ Check - look up and around for overhead power lines before starting to fish
- ⚡ If there are overhead lines in the area, where possible, enjoy your activity elsewhere
- ⚡ Always assume power lines are live, even if they've fallen to the ground, are broken, or aren't sparking
- ⚡ If your apparatus makes contact with an overhead line, contact the Emergency Services and the Electricity Company, don't attempt to retrieve it
- ⚡ Ensure you, your family and colleagues are familiar with the yellow and black 'Danger of Death' electricity sign seen on wooden poles, pylons, substations etc
- ⚡ Take note of any warning signs and stay well away from the marked area. Occasionally signs get knocked over or vandalised - so ALWAYS check for overhead lines yourself
- ⚡ Always make sure your rod is disassembled and held horizontally. Take particular care in car parks and on access routes
- ⚡ Always carry equipment at a low level, parallel to the ground
- ⚡ Tell the fishery owner of any dangerous situation or near miss that you see
- ⚡ Never try to retrieve anything that might be in contact with the Overhead Power Line
- ⚡ Remind family and friends to 'Be Bright & Stay Safe' when fishing

For further advice visit www.ukpowernetworks.co.uk/

NATIONAL POWER CUT HELPLINE

**POWER CUT?
CALL 105**

ADD THIS NUMBER TO YOUR TELEPHONE CONTACTS LIST

How can we help?

If you work or live in the UK Power Networks area contact us or look on our website. We provide free information and advice about the precautions and safe practices to be followed when fishing close to electrical equipment.

Further advice and guidance is available from the Health and Safety Executive (HSE):
GS6 - Avoidance of Danger from Overhead Lines

What to do in an emergency

- Notify UK Power Networks: Dial 105
- Call the emergency services if anyone is injured or there is a fire. Anyone who has received an electric shock should go to hospital as damage may have occurred to the heart
- Never go near or touch any broken or fallen overhead electric power lines
- Never remove anything that is stuck or in contact with the cable



To request your FREE tackle box sticker visit www.ukpowernetworks.co.uk/internet/en/safety/

If you are unsure who your network operator is then please visit www.energynetworks.org



WOODEN POLES CAN CARRY TELEPHONE AND ELECTRICITY WIRES. **NEVER ASSUME THE WIRE IS A TELEPHONE WIRE**



LINES CAN BE **RE-ENERGISED** AT ANY TIME

400,000 VOLTS

ELECTRICITY SYSTEMS CARRY VOLTAGE UP TO 400,000 VOLTS. **EVEN 230 VOLTS (DOMESTIC VOLTAGE) CAN BE LETHAL**



Be Bright Stay Safe



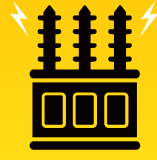


UK Power Networks
Delivering your electricity



RUBBER BOOTS WILL NOT PROTECT YOU!

OUR NETWORK DISTRIBUTES ELECTRICITY THROUGH UNDERGROUND CABLES, PYLONS, OVERHEAD POWER LINES, SUBSTATIONS AND OTHER EQUIPMENT






National power cut helpline

POWER CUT? CALL 105


OR CALL US 24 HOURS A DAY ON **0800 31 63 105**

TAKE NOTICE OF ANY YELLOW 'DANGER OF DEATH' WARNING SIGNS. AND STAY WELL AWAY!




REMEMBER ELECTRICITY **CAN JUMP GAPS**

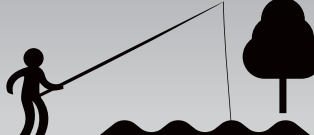
OVERHEAD POWER LINES ARE OFTEN UNINSULATED (BARE)




CARRY OBJECTS AND EQUIPMENT HORIZONTALLY AND AT LOW LEVEL TO THE GROUND



TREES, STRING, ROPES, SUSPENSION LINES, FISHING RODS AND WATER **CAN ALL CONDUCT ELECTRICITY**



TOUCHING ANYTHING IN CONTACT WITH ELECTRICAL EQUIPMENT, EVEN THE LOWEST OF VOLTAGES, CAN BE FATAL



The electricity network is designed to keep you safe. But how safe are you when you are fishing?

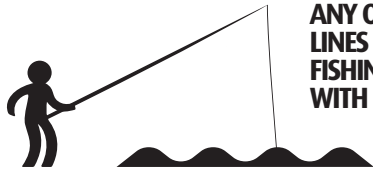
UK Power Networks is the country's biggest electricity distributor, making sure the lights stay on for more than eight million homes and businesses across London, the South East and the East of England.

The safety of our customers and staff is our top priority.

Overhead electricity power lines run across the countryside, supplying local communities with power.

The wires can be on wooden poles as well as metal pylons and carry voltages from 230 volts (domestic supply) up to 400,000 volts. Depending on the voltage the wire will be at different heights above the ground.

Overhead power lines should be 5.2 metres (17 feet) above the ground. However, live equipment fitted on poles may be as low as 4.3 metres (14 feet).



**REMEMBER,
KEEP AT LEAST
30 METRES
AWAY FROM
ANY OVERHEAD
LINES AND CAST
FISHING RODS
WITH CARE**

Keep well away - Electricity can kill



You could be at risk when:

- Using fishing equipment such as fishing rods and their lines. Almost all material can conduct electricity
- Unpacking and packing away equipment - unpack, set up and put away your fishing rod at the water's edge after you have completed your safety checks
- Fishing in low light conditions - overhead power lines can be very difficult to see in low light conditions, especially at night

