

## THE PRICE WATCHER BLOG

**Welcome to The Price Watcher Blog, where we take a value-led approach to the weekend's televised racing on ITV and aim to identify bets that the market may have overlooked.**

As the Dante Festival concludes at York, Friday's ITV Racing coverage features five competitive contests from the Knavesmire, headlined by the Yorkshire Cup - alongside one supporting race from Newbury.

[Bet on Horse Racing with Grosvenor Sport](#)

### **2.20 YORK**

The Cheveley Park-owned So Regal immediately catches the eye in the ITV opener after two highly encouraging performances to begin her season.

She shaped with plenty of promise on debut in a Fillies' Maiden at Newmarket before taking a clear step forward at Ascot, where she travelled with much more confidence and won comfortably despite carrying a penalty. The experience from her first run appeared to bring her on significantly, and she looked a filly who understood her job far better second time around.



Connections clearly hold her in high regard, with an entry in for the Coronation Stakes at Royal Ascot and she is currently around 14/1 for that contest. If she continues this upward trajectory, there could be plenty more improvement to come and she looks capable of taking another step forward here.

**Selection:** [SO REGAL - 4/1](#)

[BACK TO CONTENT HUB](#)

## 2.40 NEWBURY

There is plenty of back class on show from Hand Of God here having won the Golden Gates Stakes two years ago, proving he possesses the ability to compete in strong handicaps at a high level.

Since then, his mark has gradually slipped to a much more workable level, and there were encouraging signs of a revival in the Spring Cup on his latest outing. That race looked to be over a trip on the short side for him, but he still ran with credit and shaped as though retaining plenty of his old ability while also sharpening up for the run.

Now returning to a distance that should suit much better, he looks attractively treated and could represent solid value at around 5/1.

**Selection:** [HAND OF GOD - 5/1](#)

[BACK TO CONTENT HUB](#)

## 2.55 YORK

Ashnak is now having his third start for David O'Meara after previously being trained by Francis Graffard, and there are reasons to believe he could still have plenty more to offer.

Regally bred out of an Aga Khan mare, he looks the type who should be capable of progressing beyond his current mark of 88. His first two runs for the yard have looked like pipe-openers to get him back into rhythm, and there is every chance he can take a significant step forward now those outings are behind him.



If building on what he has shown so far, he could prove very well treated and looks an interesting each-way contender at the prices.

**Selection:** [ASHNAK E/W – 20/1](#)

[BACK TO CONTENT HUB](#)

### 3.30 YORK

In the Marygate Stakes, Armor Supreme could be worth taking a chance on.

Trainer Diego Dias has shown he knows how to ready a two-year-old, and this filly looked very professional when winning a novice at Goodwood earlier this month. She clearly knew her job from the outset and shaped like a straightforward type with a good attitude.



She made all that day and won comfortably, suggesting there could be plenty more to come as she gains experience. If able to get into a similar rhythm here, she looks capable of putting up another bold showing.

**Selection:** [ARMOR SUPREME E/W – 12/1](#)

[BACK TO CONTENT HUB](#)

#### 4.05 YORK

In the Yorkshire Cup, it is hard to look beyond Amiloc, whose form stands out strongly against this field.

His credentials are there for all to see, most recently finishing with great credit in the Breeders' Cup Turf ahead of several top-class performers. His latest victory came in the Group 2 King Edward VII Stakes at Royal Ascot, further underlining the level of ability he brings into this contest.



If returning anywhere near his best, he looks very tough to beat, and there is every chance that odds around 13/8 could look excellent value once the race is run.

**Selection:** [AMILOC – 13/8](#)

[BACK TO CONTENT HUB](#)

#### 4.40 YORK

In the final ITV race of the day, Eternal Solace looks a very interesting price at around 16/1 and could be capable of outrunning those odds.

She has already hit the frame at big prices on two occasions this season, proving she is capable of being competitive in races of this nature. A good draw in stall eight should also give her every chance of getting into a favourable position early.

Ollie Sangster continues to build a strong reputation with his fillies, and the booking of William Buick for the first time is another eye-catching positive. With several factors in her favour, she looks a lively each-way contender to finish in the places once again.

**Selection:** [ETERNAL SOLACE E/W - 16/1](#)

[BACK TO CONTENT HUB](#)

Best of luck if you're playing and remember always gamble responsibly!

[Bet on Horse Racing with Grosvenor Sport](#)